winter spring 2019

> DE PERE COMMUNITY CENTER 600 GRANT STREET | DE PERE, WI 54115 | 920-339-4097

www.de-pere.org

REGISTRATION BEGINS | RESIDENTS 11/7 NON-RESIDENTS 11/14



City of De Pere Parks, Recreation & Forestry Department

DMAC





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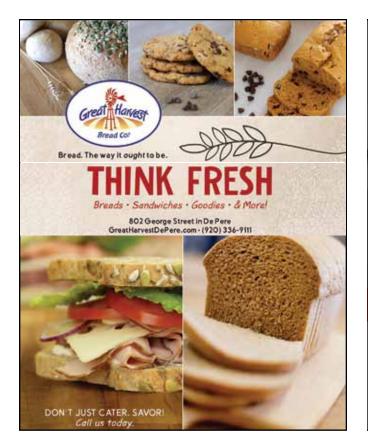


Green Bay

901 University Avenue Green Bay, WI 54302 (920) 448-3450 www.greenbaymetro.org

Public Transportation Wherever Life Takes You

- Green Bay Metro is committed to providing safe and dependable transportation to jobs, schools, medical services, and other destinations throughout Green Bay, De Pere, Allouez, Ashwaubenon and Bellevue
- Try the "Google Transit" to plan your trip on www.greenbaymetro.org
- Download the FREE GBM Bus Tracker app a from the App Store and Google Play on www.greenbaymetro.org
- Follow us on Facebook and Twitter!



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De Pere Parks, Recreation & Forestry Department

Parks & Forestry Department

925 S. Sixth St. De Pere, WI 54115 (920) 339-4065 (920) 339-4071 fax

OFFICE HOURS:

Mon – Fri 7:30 am – 4:00 pm

Community Center & Recreation Department

600 Grant St. De Pere, WI 54115 (920) 339-4097 (920) 339-6348 fax

OFFICE HOURS:

Mon – Fri 8:00 am – 4:30 pm

Important Phone Numbers

Forestry	339-8362
Senior Programs	336-6054
Nutrition Program	983-1675
League/Program	
Cancellation Line	339-4067

The City of De Pere complies with the Americans with Disabilities Act of 1990 in its provision of local government services, programs and activities. Zualified individuals with a disability should call 339-4065 or 339-4097 if seeking an accommodation in policies, practices or procedures.

STAFF

PARKS & ADMINISTRATION

Marty Kosobucki, Director Don Melichar, Parks Superintendent/City Forester Grace Lahtela, Administrative Assistant

COMMUNITY CENTER

Paula Rahn, Recreation Superintendent John McDonald, Recreation Supervisor Cindy Lee, Recreation Specialist Dawn Barron, Activity Coordinator Cheryl Vertz, Office Assistant Emily Baugnet, PT Office Assistant

PARK MAINTENANCE

James 'Skip' Greve • Robert Haen John Hallam • Jerry Hasenberg Ken LaPlante • Kevin VandenBush

BOARD OF PARK COMMISSIONERS

George Brown, President Ryan Jennings, Alderperson Larry Lueck, Alderperson Dean Raasch, Alderperson Sue Schinkten, Citizen Member Randy Soquet, Citizen Member Bill Volpano, Citizen Member Lydia McMorrow, Teen Advisory Rep. William Soquet, Teen Advisory Rep.

Meets 3rd Thursday of every month, 6:30 pm, at City Hall Council Chambers

COMMISSION ON AGING

Millie Bain • Rachel Dickhut Kathy Kane • Carol Peters • Ken Petersen Meets 3rd Thursday every other month, 2:00 pm, starting in January, at the De Pere Community Center

The City of De Pere promotes sustainability!

Program brochures are available online and at the following locations:

De Pere Community Center • Municipal Service Center • City Hall • Kress Family Library

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Teen Advisory Board

The City of De Pere Parks, Recreation & Forestry Department is currently accepting applications for teen advisory representatives for our Board of Park Commissioners. The Mayor of the City of De Pere appoints these positions on a yearly basis, as a one-year term starting in July. The teen advisory seats are open to persons of high school age who reside in the City of De Pere. The term of the appointment is one year running July 1 through June 30. Applicants must be able to attend Board of Park Commissioners meetings held on the third Thursday of the month starting at 6:30 pm. Interested applicants can request an application packet by contacting the Parks, **Recreation & Forestry Department at** 339-4065. The deadline for the applications is Friday, April 26, 2019.

View all of our activities and services, and register online at www.de-pere.org

Registration Begins

November 7 ~ Residents November 14 ~ Non-Residents

Mission Statement

The City of De Pere seeks to enrich the quality of life of residents and visitors through preserving, developing, operating and maintaining parks, open space, facilities, and recreation services.

Facilities



Community Center

Located in beautiful VFW Park, the De Pere Community Center is your event headquarters! We have the facilities to meet your needs whether it is for a baby/bridal shower, small wedding reception, reunion, banquet, meeting or a party for any occasion.

Rooms are available for rent seven (7) days a week from 7:00 am - 10:30 pm or later upon request. Security deposits required. There is no charge for De Pere service organizations or youth groups through high school, Monday thru Thursday. Reservations will be accepted for the following year beginning October 1st.

Large Activity Rooms	<u>Resident</u>	<u>Non-Resident</u>
with kitchen	\$150/4 hours	\$180/4 hours
(Capacity 200)	\$230/full day	\$280/full day
Meeting Rooms	\$70/4 hours	\$95/4 hours
(Capacity 50)	\$100/full day	\$125/full day
Additional Hours	\$20/hour – meeting rooms \$35/hour – large activity rooms	

*Full day is considered 7:00 am - 10:30 pm.

Full day rentals only: By written request, rooms may be rented until midnight for an additional \$35 or until 1:00 am for an additional \$50. **Note: All fees subject to change.

Chairs and tables (6' long, 48" & 60" round) are provided. Podiums, corded microphones, easels, dry erase boards, projector screens, coffee makers, extension cords and power strips are included with rentals upon request and for no extra charge. The facility is equipped with free WiFi access.

Audio-visual equipment is available for a small rental fee and includes: TV w/VCR & DVD players, overhead projector, LCD projector/digital presenter, conference phone and cordless microphones. Storage bins and cabinets are also available for rent on a first come, first serve basis.

Game room equipment *(pool table & foosball table)* may be used with lower level, large activity room rentals only and accompanied by a \$25 security deposit.

Park Shelters

Resident and non-resident groups, organizations and businesses wishing to reserve park shelters and areas for picnics should contact the Parks & Recreation Department at 339-4065. All shelters are available for reservation when not in conflict with Department sponsored programs. Park shelters may not be used for vending purposes and are open to the public at all times. Reservations will be accepted for the following year beginning October 1st.

	<u>Resident</u>	<u>Non–Resident</u>
Monday – Thursday	\$55/day	\$70/day
Friday – Sunday & Holidays	\$125/day	\$145/day

A \$25 security deposit is required for all indoor shelters, which is returned if shelter is left in good condition. All fees must be paid when reservation is accepted at the Parks & Recreation Office, 925 S. Sixth St. All fees are non-refundable and non- transferable. There is no charge for De Pere service groups or youth organizations through high school.

Indoor Shelter Locations

*** Keys Required *** Braisher Park, 630 N. Winnebago St. (capacity 30)

Patriot Park, 1101 Colleen Ln. (capacity 36)

VFW Park, 730 Grant St. (capacity 55)



Open Shelter Locations

Legion Park, 1212 Charles St. Optimist Park, 801 Cook St. Perkofski Boat Launch, 1500 Ft. Howard Ave. VFW Park, 730 Grant St. (2 open shelters) Voyageur Park, 100 William St. (2 open shelters)





Pavers & Granite Tiles Available

Purchase PAVING BRICKS or LOBBY GRANITE TILES in honor of or in memory of a loved one for your family or friends. Paving bricks cost \$250 for 4" x 8" size and lead to the upper entrance. 12" x 12" tiles can be purchased for \$1,000 and are located on the floor of the lobby. Bricks and tiles are sealed for longevity. For more information please contact the De Pere Community Center at 339-4097.



Specialty Programs

Seasonal Employment

Part-time seasonal employment opportunities are available for various year-round activities. The Recreation Department is currently searching for Basketball Officials & Scorekeepers, Softball Umpires, Water Aerobics/Swim Instructors, Lifeguards, Tumbling Instructors, Kidz Zone Counselors & Youth Activity Instructors. We are also continually accepting applications for substitute and assistant instructors for various youth programs and fitness classes. If you have a new program that you would like to share please feel free to contact us – we always welcome new ideas! The Parks Department is also looking to fill seasonal staff positions for Spring and Fall Park Maintenance.

Applications for summer employment will be accepted beginning in mid-December for the summer to follow and be reviewed starting mid to late February. Applications will be accepted until positions are filled. Summer positions available include: Pool Managers, Lifeguards, Basket Attendants, Concessionaires, Playground Leaders, Summer Day Camp, Counselors, Activity Instructors, Recreation Assistant or Intern & Park Maintenance Personnel.

For more information please visit the City's website at <u>www.de-pere.org</u> or contact the Parks & Recreation Department/ Community Center at 339-4097.

Lifeguard Certification Course Spring 2019

The City of De Pere and Village of Ashwaubenon will host an American Red Cross Lifeguard Certification course. This course enables the participant to work at an indoor/outdoor pool or lake setting and also certifies the participant in First Aid and CPR for the Professional Rescuer. Minimum age requirement is 15. **Full attendance is mandatory to complete this course.** The course will take place over 1 weekend at the Ashwaubenon Community Indoor Pool in March/April. An exact date will be determined later. Please call the De Pere Community Center at 920-339-4066 or email <u>imcdonald@mail.de-pere.org</u> for more information or to be put on an interest list.



Holiday Gift Certificates

Gift Certificates are available for City of De Pere Recreation Programs. Certificates may be purchased in any denomination at the Community Center between 8:00 am - 4:30 pm, Monday thru Friday.

Holiday Gift Certificates for the 2019 swimming pool passes for VFW & & Legion Pools and all recreation programs will be available at the Community Center December 3 – 21, 2018.

	RESIDENT	NON-RESIDENT
Baby Pool	\$20	\$40
Single, Main Pool	\$50	\$70
Senior	\$40	N/A
Family	\$75	\$95

Family Pass includes 2 adults and 3 dependents in the same household. Additional dependents may be added for \$6 each.

Birthday Parties

Looking for a new birthday party idea for your child ages 4-12? You supply the children and any refreshments - we'll do the rest! Let our enthusiastic staff help make your child's birthday an event to remember. Each two hour party will include games, a craft, gift opening and time to enjoy party refreshments. We do the clean up!



Note: The parties are designed for the birthday child and their guests, not as a family gathering.



Many themes available: Pirates, Frozen, Tea Party, Princess, Sports, Legos, Race Cars, Teddy Bears, Dance, etc. Thinking of something else? Feel free to ask!

Fee: \$15/child (minimum \$100)

Date availability varies. Please contact the Community Center at 339-4097.

Recreation Scholarship Program

This financial assistance program has been established to provide youth in the City of De Pere the opportunity to participate in recreation programs offered by the Park, Recreation & Forestry Department, regardless of their financial status. Through the generous support of local service organizations, foundations, businesses and community members, the City of De Pere is able to help people overcome financial barriers in order to participate in city recreation programs.

Scholarships are available for instructional programs, special events, pool passes, playgrounds, Kidz Zone Before & After School Program, Summer Day Camp, and co-sponsored youth sport leagues such as youth soccer, baseball, softball and hockey. Scholarships are not available for youth participation in field trips, replacement pool passes, costumes or supplies.

Scholarships are awarded on a first come, first served basis as long as there are available funds. Residents may apply by completing an application form. For more information, please call the Community Center at 339-4097 or visit the City's website at <u>www.de-pere.org</u>.

DONATIONS ACCEPTED!

The Parks, Recreation & Forestry Department is accepting donations for the Recreation Scholarship Fund. With your support, we can help make a positive influence in the lives of the children of our community today, tomorrow and for the future! Call 339-4097 to learn more about contributing to this worthwhile program, or mail your tax deductible contribution to:

De Pere Community Center 600 Grant St. De Pere, WI 54115

Ice Rinks

Scheduled to open as soon as suitable weather & ice are obtained.

LEGION & VFW PARKS

Lighted hockey rinks; open rink at Legion only. These sites are unsupervised. Lights will go on as needed until 9:00 pm.

Camps & Specialty Programs

Fees:

Kids Day Out

Here's a safe environment for your child(ren) on days when there is no school! Each day is full of activities – we'll enjoy games, crafts, free play, playground/outdoor activities and more!

WHAT TO BRING AND WEAR:

Children should wear comfortable, layered clothing, tennis shoes and have appropriate outdoor clothing. Seasonal outdoor activities planned!

Please LABEL everything! Children should bring a cold lunch, drink, water bottle and a morning & afternoon snack.

K5 - 5th Grade 7:00 am - 8:30 am

8:30 am – 4:00 pm 4:00 pm – 5:45 pm Drop Off Times Camp Hours Pick Up Times

Winter Break

 #1541.1119
 December 26

 #1542.1119
 December 27

 #1543.1119
 December 28

Spring Break

#1544.1119 #1545.1119 #1546.1119 #1547.1119 #1548.1119	March 25 March 26 March 27 March 28 March 29
Location:	Community Center, Pine Rm.
Fee:	\$30 Res / \$45 Non-Res



Kidz Zone

Kidz zone is a fun, safe, educational and affordable recreation program for those hours before and after school. The program is open to students enrolled in grades K5 – 5th at Westwood and Our Lady of Lourdes Schools. Options available for enrolling in before school, after school or both. Full and part-time options available!

Before School Drop-Off Times: After School Pick-Up Times:

6:45 am – 8:15 am 3:15 pm – 5:45 pm

Location: OLOL School Cafeteria Westwood students transported by bus, fees included.

\$30 Non-Refundable Registration Fee

Fees are based on the following rates per participant and are drafted monthly. Fees are also prorated for scheduled days that school is not in session.

FULL-TIME (4 – 5 DAYS/WEEK):

Before School:	\$40/week
After School:	\$46/week
Before & After School:	\$78/week

PART-TIME (3 DAYS/WEEK OR LESS):

Before School:	\$26/week
After School:	\$33/week
Before & After School:	\$58/week

Enrollment for 2019 – 2020 school year begins April 17, 2019

Kidz Zone Early Release Days

Fees are per day

In conjunction with Early Release Days in the West De Pere School District, Kidz Zone will be offered at Our Lady of Lourdes School. Participants need not be enrolled in Kidz Zone. Students should bring along a cold lunch, drink and afternoon snack.

	5th Grade n – 5:45 pm
#1554.1218	November 9 (OLOL)
#1553.1218	November 21 (OLOL)
#1551.1119	November 30 (WW)
#1552.1119	March 1 (OLOL)
#1553.1119	March 8 (Both)
#1554.1119	March 22 (WW)
#1555.1119	May 3 (WW)
#1556.1119	May 10 (OLOL)
Location:	Our Lady of Lourdes School Cafeteria

Fee:

\$15 per child







Summer Day Camp 2019

Summer Day Camp is back for a $12^{\rm th}$ consecutive year and again will be offered at two locations:

West side: De Pere Community Center

East side: Dickinson Elementary School

Each week features a fun theme, swimming, field trips and more! Additional information will be available in December. Feel free to call the Community Center at 339-4097 if you would like to be put on an interest list so that you may be contacted as soon as information is available.

> Walk-in registration begins 7:30 am on Wednesday, February 6, 2019.

For more information on Kidz Zone, Kidz Day Out or Summer Day Camp programs, please contact Cindy Lee at 339-4097 or clee@mail.de-pere.org.

Community Events & The Arts

Ringing In With Santa Claus

Help make your child's Christmas season extra special this year with a personal telephone call from Santa Claus! The De Pere Community Center and the De Pere Area Men's Club have made arrangements with Santa at the North Pole to talk to your child this Christmas holiday. Calls will be placed on Thursday, December 6, 5:30 - 7:30 pm.



If you live in De Pere or attend a De Pere

school and wish your child (4-9 years old) to receive a call from Santa, please complete a Santa Calling Form and return by Wednesday, December 5, 2018. Forms can be printed off from the City's website at www.de-pere.org or pick up a form at the Community Center, Recreation Department, City Hall or the Kress Family Library. Please feel free to make copies as well.

THURSDAY, December 6

5:30 - 7:30 pm

MSC **Event is FREE!!**

Kool Aid & Canvas: Painting "Two-gether" Snow Families!

Picasso once said "Every child is an artist", the challenge is how to remain an artist once you grow up! The solution - pair up with a young artist and come join us for Kool Aid & Canvas! You and your partner will paint as a team to create a fun seasonal masterpiece featuring your own personal Snow Family!



Our talented artist will guide you through each step of painting our featured masterpiece to take home and enjoy. All materials supplied including canvas, paints and brushes; please bring your own smock or apron. Kool aid provided; feel free to bring a snack for added inspiration! No experience necessary - just the desire to relax, create and have fun! Registration is by child.

THURSDAY	December 27	5+ yrs., with adult
#1591.1119	6:00 – 8:00 pm	
Location:	Community Center	; Maple Rm.
Fee:	\$25 Res / \$40 No	n-Res

Cookies and Cocoa Bingo

Bingo fun for everyone! Children and their favorite grown up are invited to join us for Cookies and Cocoa while enjoying some fun and different bingo games! Prizes, too! Registration is per person.

FRIDAY	December 28	5+ yrs., with adult
#3181.1119	1:00 pm	
Location:	Community Cente	er, Spruce Rm. 🛛
Fee:	\$5 per person	A REAL
		Della St

Candy Bar Bingo

This fun event is designed for everyone in the family! Whether you're a youngster or a senior or somewhere in between come and enjoy an evening of bingo with a chance to win candy bars or the ultimate prize...a big bag of candy bars!! Admission is one full-size candy bar for each bingo card; maximum of 3 candy bars per person.

For a minimum \$2 donation to the Recreation Scholarship Fund, you can earn 1 more bingo card; \$5 donation earns 3 more cards!

Children under 12 must be accompanied by an adult.

	WEDNESDAYS 6:00 pm January 23
	February 27 April 10
Location:	Community Center, Spruce Rm.
Fee:	1 full-size candy bar per bingo card

Make and Take Sign Workshop!

Is your inner DIY looking for a fun new project? Something to complete in one night? One where you don't need to purchase a bunch of supplies? Check out our new sign making workshop! Participants will create a 4" x 24" sign selecting from a wide assortment of vinyl sayings. Additional fees payable night of the workshop - \$20 one sign / \$38 two signs / \$54 three signs. Open to those 5 yrs. & up (14 yrs. and younger must be accompanied by an adult.)

WEDNESDAY	April 10
#3041.1119	6:00 – 8:00 pm
Location:	Community Center, Maple R
Fee:	\$6 per person



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De Pere Parks & Forestry Dept. | 920-339-4065 | www.de-pere.org

Community Events & The Arts

Big Rig Gig

The Big Rig Gig! This will be a great hands-on event for kids ages 1 to 5. Parents, your child will get to sit in the driver's seat, hold the steering wheel, and have their picture taken (don't forget your

camera). They will also learn about the different vehicles that are in our community and the people who drive and operate them. Anticipated trucks in attendance include a fire engine, ambulance, police car, garbage truck, back hoe, dump truck and more!





FRIDAY Location:

Fee:

May 1010:00 am – 12:00 pmPerkofski Boat Launch parking lot,
1500 Fort Howard Avenue, De Pere
(next to the Brown County Fair Grounds)FREE!

Easter Egg Hunt

Saturday, April 13, 2019 10:00 am

Please arrive by 9:45 am for instructions.

De Pere Community Center & VFW Park

Open to children 1 - 9 years Event is FREE!

Sponsored by: De Pere Optimist Club, De Pere Area Men's Club & the De Pere Community Center



LIKE WHEAT YOU SEE...

Make sure you don't miss your opportunity for 2019! Next issue Spring 2019



Contact us today to reserve your space for 2019 920-982-2511

05404573

Youth Programs

Learning Tree Adventures

Your preschool age child can join the adventure as we explore weekly themes in this 12-week program, which will incorporate developmentally appropriate preschool activities including stories, songs, fingerplays, crafts and dramatic play. Children will enjoy socialization with their peers and kindergarten readiness skills while having fun! Parents are asked to send a small, healthy snack with their child for each class. Participants must be potty trained.

TUESDAYS & THURSDAYS	January 15 – April 18 No class Mar. 26 & 28	3–5 yrs.
#1431.1119	8:45 – 10:30 am	S
#1432.1119	10:45 am – 12:30 pm	VI C+
Location:	Community Center, Pine Rm.	
Fee:	\$135 Res / \$150 Non-Res	A. 4. 4.

Oodles of Art Workshops New!

Holiday Workshop: We will be crafting a special holiday gift (or two) in this one day workshop! Something perfect to keep and also to gift!

FRIDAY December 7 3-5 yrs. #1352.1119 10:00 - 10:45 am

Mother's Day Workshop: Shhh!!!! Join us for this special one day workshop! Participants will create a special gift for the special grown up in their life!

FRIDAY May 3 3-5 yrs. #1353.1119 10:00 - 10:45 am Location: Community Center, Maple Rm. \$8 Res / \$16 Non-Res Fee:



Oodles of Art

Join us in this new, perfectly designed, hands-on art class for preschool aged children! Participants will enjoy drawing, sculpting, painting and more, designed to spark your child/ren's creativity, curiosity and imagination.

FRIDAYS	January 25 – March 15 3–5 yrs.
#1351.1119	10:00 – 10:45 am 🛛 💧 👝
Location:	Community Center, Maple Rm.
Fee:	\$40 Res / \$55 Non-Res 🛛 🛹

Art Expressions: Dragons!

Want to try something brand new to ring in the new year? Let's build a dragon! From start to finish the basic structure will be recycled materials. We will work each week to build up the body, head and wings, then finally paint our creation and sealcoat them so they will be a permanent part of your collection! All materials supplied - just come and have fun!

MONDAYS	January 21 – March 11	5+ yrs.
#1581.1119	5:30 – 6:30 pm	
Location:	Community Center, Maple Ri	n.
Fee:	\$40 Res / \$55 Non-Res	

Monkey Tales and Trails

In this exciting class we will take a well-loved story, read it and then re-create the adventure with exciting props. assorted equipment and tons of fun! Children will gain physical coordination, emotional confidence, exercise and energize their imagination all while having fun! Participants must be potty trained.

MONDAYS 11:00 - 11:40 am #1321.1119 January 21 – February 25 #1321.2119 April 8 – May 13 Location: Community Center, Pine Rm. \$25 Res / \$40 Non-Res Fee:

Music and Movement

In this exciting and fun class. we'll take music activities and incorporate new ways to move, sing, dance and play. The children will gain physical coordination, emotional confidence, and exercise their imagination by



3-5 yrs.

interacting in a group with fun props and creative ideas. Learning new songs and some finger plays will also be part of the fun! Parent/ quardian participation required.

WEDNESDAYS	January 30 – March 6	2–3 yrs.
#1301.1119	11:15 – 11:55 am	
Location:	Community Center, Pine Rm.	
Fee:	\$25 Res / \$40 Non-Res	

Little Yogis

You're never too young to start yoga! This fun parent-tot bonding activity provides a yoga practice the whole family can enjoy! We'll play yoga games that emphasize partner and group poses to encourage social skills and



release energy. Children will learn important breathing and relaxation techniques to help them focus, all while strengthening their growing bodies in this playful class. So come and partner with your little yogi to help them build body awareness and strengthen their motor skills while having a great time! Registration for this class is by child.

FRIDAYS	10:00 – 10:45 am	2–4 yrs.
#1091.1119	January 11 – February 22	
#1091.2119	March 8 – May 3	
	No class Mar. 29 & Apr. 19	
Location:	Community Center, Pine Rm.	
Fee:	\$27 Res / \$42 Non-Res	

De Pere Parks, Recreation & Forestry Free online registration @ www.de-pere.org begins: Wednesday, November 7 ~ *Residents* Wednesday, November 14 ~ Non-Residents

ABC, 123...Dance With Me

In these exciting classes children will have fun movin' and groovin' while learning about colors and animals! Each 7-week session will be introduced with songs, games and fun props followed by a unique and energetic dance for each color/ animal item. Assist your little one as they learn basic dance moves,



improve gross motor skills and explore creative expression! Parent/guardian participation required.

WEDNESDAYS	9:45 – 10:15 am	2–3 yrs.
#1311.1119	January 9 – February 20	Colors
#1312.1119	March 6 - April 24	Animals
	No class Mar. 27	
Location:	Community Center, Pine/Hick	kory Rms.
Fee:	\$30 Res / \$45 Non-Res	

Intro to Dance

Let's get your little mover and shaker introduced to dance. In this 11week class, your dancer will learn the basics of dance through fun songs and dance activities, with a 'recital' held in the classroom at the end of the 11 weeks. This class does not have a costume or shoe



requirement, however dress shoes that make a 'tappy' sound are highly recommended. This is a great beginner class for your hesitant performer.

WEDNESDAYS	January 9 – March 20	3–4 yrs.
#1181.1119	10:30 - 11:00 am	
Location:	Community Center, Pine/Ma	ple Rms.
Fee:	\$32 Res / \$47 Non-Res	
_		

Tumblebees

This class introduces toddlers 1 1/2 - 2 vears old to the basic developmental skills of jumping, throwing, catching, kicking, rolling, climbing, striking skills, bouncing and catching a ball along with basic tumbling and apparatus work. Children will have a ball while experiencing a multitude of locomotive movements and coordination using a lot of fun equipment. Children should be accompanied by adults who participate and model good classroom etiquette.



MONDAYS	January 14 – April 8	1½-2 yrs.
	No class Mar. 25	
#1122.1219	9:00 – 9:40 am	
Location:	Community Center, Pine Rm.	
Fee:	\$48 Res / \$63 Non-Res	

Youth Programs

Tiny Tumblers

Tinv Tumblers is aimed at introducing children ages 3 & 4 to the wonderful world of tumbling. It is designed to use creative movement and a variety of equipment to teach basic tumbling skills, encourage motor development, help develop coordination & balance, enhance listening skills and promote social interaction.

January 14 – April 8
No class Mar. 25
10:00 – 10:40 am
Community Center, Pin
\$48 Res / \$63 Non-Re

ss Mar. 25 - 10:40 am unity Center, Pine Rm. es / \$63 Non-Res



3-4 yrs.

Tumbling

These classes are designed to introduce and then to further develop the progression of gymnastic skills for both boys and girls. While teaching a variety of skills, the instructors will help develop coordination, balance, flexibility and control in each participant. Theme weeks along with games, obstacle courses and gym activities also incorporated into the fun! *Regardless of child's age, classes are built on their ability/ readiness for gymnastics. Please call our office if your child is ready for the next level but does not fall within the age guidelines.

INTRO:	Children 3-4 yrs. Introduction to tumbling basics.		
BEGINNER:	Children under 6. Basically new to tumbling.		
INTERMEDIATE:	Children 6 & older. Ready to learn but must be able to perform a bridge; beginning cartwheels & handstands.		
ADVANCED:	Children 6 & older. Must be able to perform by themselves: a bridge, cartwheel & handstand (ready for progression stages).		
TUESDAYS	January 15 – Apri	19	
	No class Mar. 26		
#1144.1119	4:30 – 5:00 pm	3 – 4 yrs.	Intro
#1141.1119	5:05 – 5:45 pm	4 – 6 yrs.	Beginner
#1142.1119	5:50 – 6:30 pm	6 yrs. & up	Intermediate
#1143.1119	6:35 – 7:15 pm	6 yrs. & up	Advanced
Location:	Community Center,	Pine Rm.	AT 1
Fee:	\$48 Res / \$63 Non	i-Res 🏾 🥖	Cred 1
3-4 yr. Intro class	: \$40 Res / \$55 Non	-Res	

Spring Pom Clinic: Getting Ready for High School Tryouts

This clinic is offered to girls who are seriously thinking about trying out for a high school dance team in the future. All 6th – 9th grade students are welcome to attend. During the three 1-hour sessions we will be working on proper technique, sharpness, skills, and what to expect the week leading up to try-outs. We will assist with questions and share with the participants what local coaches are looking for in a potential team member. Clinic led by a WACPC certified judge, who has judged many local and regional competitions as well as area tryouts. Hope to see you there!

THURSDAYS	April 4
#1223.1119	6:00 -
Location:	Comm
Fee:	\$15 R

4, 11 & 18 - 7:00 pm nunity Center, Pine Rm. es / \$30 Non-Res



De Pere Community Center & Recreation Dept. | 920-339-4097 | www.de-pere.org

Youth - Adult Programs

Social Dance

Looking to brush up on your dancing skills for an upcoming wedding or just a fun night out with your spouse or friend? If so, come and enjoy these popular Semi-Private Dance lessons! Classes have two instructors and are kept small, up to 8 people, to focus on the personalized needs of each individual couple. In class we will decide the dances students would like to work on and will help advance their



ability and knowledge of the dance. Participants, 16 years & older, must sign up with a partner! If you do not have a partner, please call our office at 339-4097 to be put on an interest list.

WEDNESDAYS	7:00 – 8:00 pm	16 yrs. & up
#2131.1119	January 9 – February 6	
#2131.2119	February 20 – March 20	
#2131.3119	March 27 – April 24	
#2131.4119	May 1 – May 29	
Location:	Community Center, Pine Rm.	
Fee:	\$38 Res / \$53 Non-Res	
	\$29 Senior Citizen Res	
	Fees are per person	

Adult Ballet/Jazz New!

Here it is...Adult Ballet/Jazz in De Pere! This new class is for the novice to experienced dancer. Beginners will work on basic curriculum, including five ballet positions and single jazz turns, while advanced dancers will work on more challenging material such as the Cecchetti movements and A la Se Conde turns! We will differentiate for all, and put our new material together in some fun aerobic dance routines! It doesn't seem like work when we are learning and you are never too old to learn!

WEDNESDAYS	11:15 am – 12:00 pm	18 yrs. & up
#2091.1119	January 9 – February 20	
#2091.2119	March 6 – April 24	
	No class Mar. 27	
Location:	Community Center, Pine/Maple Rms.	
Fee:	\$30 Res / \$45 Non-Res / \$23 Senio	r Citizen Res

Senior Line Dancing

No partner is required, so this is a great way to get exercise, meet new people, and have a great time! Dancing is one of the best forms of whole body exercise! The class is designed for senior citizens looking to learn the basics and grow your skills. See you on the dance floor!

MONDAYS	1:00 - 2:30 pm
#2121.1119	February 18 – April 1
#2121.2119	April 8 – May 20
Location:	Community Center, Pine Rm.
Fee:	\$19 Res / \$34 Non-Res

Tai Chi

Tai Chi is a low impact, weight bearing, and aerobic yet relaxing exercise with its origins as a Chinese martial art. Practiced in a variety of styles, Tai Chi involves slow, gentle movements, deep breathing and meditation and Qigong exercise. This class will improve the flow of energy through the body, leading



to a wide range of potential benefits such as improved strength, conditioning, leading to a wide range of potential benefits such as improved strength, conditioning, coordination, flexibility, reduced pain and stiffness, better balance and lower risk of falls, enhanced sleep, greater awareness, calmness and overall sense of well-being.

TUESDAYS	9:00 - 9:45 am 13+ yrs.
#4021.1119	January 8 – February 19
#4021.2119	February 26 – April 9
#4021.3119	April 16 – May 28
Location:	Community Center, Hickory Rm.
FRIDAYS	9:00 – 9:45 am
#4022.1119	January 4 – February 15
#4022.2119	February 22 – April 5
#4022.3119	April 12 – May 24
Location:	Community Center, Hickory Rm.
Fee:	\$22 Res / \$37 Non-Res / \$17 Senior Citizen Res

Non-Residents Please Note!

When registering for Tai Chi class a discount may apply. If signing up for 2 days per week within the same class and session, contact the Community Center at 339-4097 to register with a discounted rate.

Ki-Aikido New!

Learn to be centered, be relaxed, blend with energy, fall safely, and throw powerfully through the dynamic and peaceful art of Ki-Aikido. Ki-Aikido is a modern, defensive martial art originating in Japan. In this new class you will learn how to defend yourself through natural movements, throws, pins, and locks with the goal of not harming someone who intends to do you harm. These techniques do not depend upon physical strength, but upon connecting with your partner in a relaxed way to produce a powerful throw. Through this practice you learn the meaning of mental and physical living calmness and live relaxation, which you can apply to many situations in your daily life.

SUNDAYS	6:00 – 7:00 pm	13+ yrs.
#3081.1119	January 13 – March 3	
	No class Feb. 3	
#3081.2119	March 17 – May 5	al a
	No class Apr. 21	S.C.A.
Location:	Community Center, Pine Rm.	Sall
Fee:	\$27 Res / \$42 Non-Res / \$21 Seni	ior Citizen Res

De Pere Parks & Forestry Dept. | 920-339-4065 | www.de-pere.org

Youth - Adult Programs

Little Ninjas

Watch your child improve their basic motor and listening skills and have fun while doing so. This class will focus on building teamwork, memory, balance, control, discipline, coordination and fitness. It will help prepare your Little Ninia for Tae Kwon Do in a fun and motivating way.

MONDAYS	6:00 - 6:30 pm	5–6 yrs.
#1085.1119	January 7 – February 18	
#1085.2119	February 25 – April 8	
#1085.3119	April 15 – May 20 (6 weeks)	
Location:	Community Center, Pine Rm.	
Fee:	\$20 Res / \$35 Non-Res	
6-week:	\$18 Res / \$33 Non-Res	

Youth Rec Nights

This open gym program is designed for boys and girls between 3rd – 7th grade. Participants have the opportunity to play games, basketball, dodgeball, etc. Youth Rec Nights are subject to cancellation based upon weather and school functions.



WEDNESDAYS December 5 – March 20

No class Dec. 26

6:00 - 8:00 pm

Location: Fee:

Westwood Elementary School

Day Pass: \$3.75 Res / \$5.75 Non-Res Season Pass: \$25 Res / \$40 Non-Res



Free online registration @ www.de-pere.org begins: Wednesday, November 7 ~ *Residents* Wednesday, November 14 ~ *Non-Residents*



TO THE MEN AND WOMEN WHO SERVED

Stop by and see what we are all about...

1253 Scheuring Road / Suite A DePere, WI 54115-1070 920.338.8620

www.gbdav3.org + www.dav-wi.org



Tae Kwon Do

Participants will learn discipline, respect and selfdefense in this ancient martial art class. Tae Kwon Do promotes self- control, balance, coordination, concentration and self-esteem. This is a limited contact activity; participants should wear loose fitting clothing. Participants must be at least 7 years of age. Classes are open to all level belts and experience.



7+ yrs.

MONDAYS 6:35 - 7:35 pm #3051.1119 January 7 – February 18 #3051.2119 February 25 – April 8 #3051.3119 April 15 – May 20 (6 weeks) Location: Community Center, Pine Rm. Fee: \$27 Res / \$42 Non-Res \$24 Res / \$39 Non-Res 6-week:





Sports Programs & Leagues



Learn to Skate Program

Come skate with us! Our US Figure Skating Basic Skills Program is for all ages and abilities. Thursday evening and Saturday morning classes, September – May. Summer classes are available on Wednesday evenings. Classes are held at De Pere Ice Arena.

See our website for more information, <u>www.greatergreenbayfsc.com</u> or email <u>ggbfsc.lts@gmail.com</u>



De Pere Youth Hockey

De Pere Youth Hockey Association teacher skills in skating, stickhandling, positioning, team building and sportsmanship. Teams will be forming in October for boys and girls. To register, visit <u>dpyh.org</u>. Email <u>questions</u> to <u>dpyhassoc@yahoo</u> com

Ages:	Boys and girls 4-14 years	
Season:	October – March	



Days: Varies per team level

Summer Hockey Program: Watch the website, www.dpyh.org to get the dates and times for summer hockey program.

Hockey Initiation Program: Watch the website,

<u>www.dpyh.org</u> for details. This program is designed for beginning hockey players who want to learn the basics of the game.

Try Hockey For Free: Held on November 4th and March 3rd, come to the De Pere Ice Arena to try hockey for free and get a free jersey and stick!

De Pere Rapides Youth Soccer Organization

SAY Recreational Soccer for ages 4-18 is sponsored by the De Pere Rapides Youth Soccer Club (DPRYS). Mail-in or online registration starts in December.

To register, please visit www.dprys.org.



If you have questions, contact <u>board@dprys.org</u> or 920-785-0203.

- Ages: 4 18 years
- Season: Practices in May. Games in June-July.
- Days: 2 days a week Monday thru Thursday
- Fees: \$50 to \$60

(\$15 late fee applies after February 15th)

Additional information regarding registration can be found on De Pere Rapides website, <u>www.dprys.org</u>.



De Pere Select Soccer

De Pere Select Soccer Club offers the highest level of youth soccer training and competitive club soccer in the greater Green Bay area and is the only club with its own indoor facility!



- 1. De Pere Select Academy: This program offers an introduction to youth soccer and optional year round training for the grassroots player, ages 5-10, with a focus on the implementation of soccer fundamentals through playing the game of soccer & having fun.
- **2. The Classic Program:** This program offers boys and girls ages 11-18 a high level of training and competitive play throughout the year. Practices are located locally here in De Pere, with games throughout the greater Green Bay and Fox Valley Areas.
- 3. The State Program: This program is for those players looking for an even higher level of play. Boys and girls ages 11 - 18 travel to compete against opponents from not only the Fox Valley, but throughout the entire state of Wisconsin. Teams that place 1st in this league will be promoted to the Midwest Regional League.

All De Pere Select programs are coached by experienced and licensed coaches. For additional information about these programs please visit <u>www.depereselect.org</u> or contact us at <u>derekrhodes10@hotmail.com</u> 920-336-1900.



De Pere Girls Softball

Leagues organized and run by the DGSA are designed:

- To provide a fun and safe environment for girls of De Pere (East/ West) to learn the fundamentals of softball: Teamwork, Commitment, and Competition.
- To help build the self-esteem of all athletes, and provide a service for the youth in our community.
- To provide the De Pere High School Softball Programs (East/West) with athletes that can demonstrate a solid understanding of the fundamentals of Girls softball.

Summer League Registration begins December 2018

Ages 5-14 years (as of Jan 1, 2019)

Summer Season May - July

Tournament Team Registration begins October 2018

DGSA provides the opportunity for age groups U8, U10, U12 and U14 to play tournament team softball. This is in addition to the Summer League Play and includes playing in tournaments on weekends.

Registration is available online at the DGSA website

www.dpgsa.com. Please see the DGSA website for more league details.

Sports Programs & Leagues

De Pere Baseball

De Pere Baseball provides baseball programming for kids residing within both De Pere school districts who are in pre-K through 12th grade. If you have any questions about our organization or the different programs we offer please e-mail us at <u>deperebaseball@live.com</u>.

Registration information can be found on our website – <u>www.deperebaseball.com</u>. All registration is done on-line at our website. For the summer program, registration will begin in mid-December. Summer registrations are due by January 31. After January 31, registrations are accepted if a late fee is paid and if there is room in the requested program. Registration for the fall program will begin around July 1st and are due by July 31. The fall season runs from mid-August through the first week of October.

For the <u>SUMMER</u> program, registration is based on your child's <u>CURRENT</u> grade in school. More information about eligibility for our programs can be found on our website.

LITTLE SLUGGERS

(coach pitch/t-ball)

Grades: Pre-K & Kindergarten

Summer Season: April – June

Nights: Choice of either M/W or T/TH

PEE WEE

(machine pitch)

Grades: Kindergarten (Minors ONLY) 1st & 2nd Grade (Minors or Majors)

Minor League Summer Season: April - June

Major League Summer Season: April – July (one Saturday in May and weekend league tournament in July)

Note: Only players in the Major League are eligible for tournament team baseball.

Nights: Choice of either M/W or T/TH – some weekends or other nights possible for practices

KELLY DANEN – AMERICAN LEAGUE

(kid pitch starts at this level)

Grades: 3rd & 4th

Summer Season: April – July

Nights: T/TH (summer) – M/W (fall) – some weekends or other nights possible for practices

KELLY DANEN – NATIONAL LEAGUE

Grades: 5th & 6th

Summer Season: April - July

Nights: M/W (summer) – T/TH (fall) – some weekends or other nights possible for practices

PONY LEAGUE

Grade: 7th

Summer Season: April – July

Nights: Varying nights – some weekends possible for practices, tournaments and rainouts



BABE RUTH LEAGUE

Grades: 8th & 9th

Season: April – July

Nights: Varying nights – some weekends possible for practices, tournaments and rainouts

LEGION

If interested in playing Legion baseball, please contact your high school coach.

Grades: 10th - 12th

Season: June – August (after the high school seasons are over)

Nights: Varying nights, including weekends, for practices and tournaments

Tournament Team Baseball

De Pere Baseball offers the opportunity for kids in grades 1 through 9 to play tournament team baseball. This is in addition to league play and involves playing in tournaments on weekends. Players must try out for the tournament team (except for 9th grade) in order to be eligible for consideration. For most grade levels, we will offer two tournament teams, but that is based on interest. There are additional fees to play on a tournament team. Information about tryouts will be sent to every player who has registered for a summer league program **PRIOR** to the tryout date. If you have questions about tournament team baseball, please e-mail us at deperebaseball@live.com.

Adult Softball

The Park & Recreation Department offers various adult softball leagues during the summer. Games are played Mondays-Thursday evenings at Legion & VFW Parks. Registration packets will be available online for Summer Leagues on Monday, February 18, 2019. Returning team registration



begins on Monday, March 4. All team registration begins on Monday, March 11 and ends on Friday, March 22 at 4:30 pm.

Team Fee:\$230Player Fee:\$30 Res / \$50 Non-ResLeagues Offered:Men's 12" Slow PitchMen's 14" Slow PitchCoed Slow Pitch

Fitness Programs

TEEN & ADULT FITNESS

Strengthen your body, your heart and your mind and improve your overall health by signing up for one or more of our many fitness classes! Consider enrolling in multiple classes to reach your fitness and wellness goals. Unless otherwise stated, classes are for participants 13 years and older. Families interested in participating with children under 13 years of age, please contact the Community Center at 339-4097. See page 19 for Water Aerobics classes and page 12 for Tai Chi classes.



Morning Yoga

Stretch and strengthen your entire body in our Yoga classes. Each class includes a warm up of flowing poses, strength building poses, balancing postures, and deeply relaxing poses. To meet the needs of multiple skill levels, modifications to simplify or intensify the practice will be presented.

TUESDAYS &/o	r THURSDAYS	7:30 – 8:30 am
#2001.1119 #2002.1119	January 8 – Fel January 10 – Fe	
#2001.2119 #2002.2119	February 26 – A February 28 – A	
#2001.3119 #2002.3119 Location:	April 16 – May April 18 – May Community Cent	30
Fee:	\$40 Res / \$55 N	on-Res / \$30 Senior Citizen Res

Evening Yoga

MONDAYS - Vinyasa Flow Intermediate Style

Vinyasa Flow Yoga incorporates stretching and strengthening that will move forward into more advanced postures and work into inversions. This class is geared more towards *clients that already have a regular yoga practice*.

MONDAYS	6:30 – 7:30
#2003.1119	January 7 – February 18
#2003.2119	February 25 – April 8
#2003.3119	April 15 – May 20 (6 weeks)

THURSDAYS - Beginner/Restorative Style

Beginner/Restorative style class includes a warm up of flowing poses, strength building poses, balancing postures, and deeply relaxing poses. Excellent class to increase your flexibility and strengthen your entire body.

THURSDAYS

I

6:30 - 7:30) pm
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pm

#2004.1119	January 10 – February 21
#2004.2119	February 28 – April 11
#2004.3119	April 18 – May 30
Location:	Community Center, Hickory Rm.
Fee:	\$40 Res / \$55 Non-Res / \$30 Senior Citizen Res
6-week:	\$35 Res / \$50 Non-Res / \$27 Senior Citizen Res

Restorative Yoga

Calm your mind and body in this soothing Restorative Yoga class. This class incorporates mainly floor-based poses to promote deep stretching of the muscles and tendons as well as opening of the joints. It's perfectly designed to release muscle & back tightness and help you relax! This gentle form of yoga is well-suited for those suffering from lower back pain, sciatica, tight hamstrings/calves, or busy people with overstimulated and over-active minds. So if you're looking to improve your flexibility and reduce your stress levels, then this is the class for you!

MONDAYS			8:30 – 9:30 am	
	#2011.111	9	January 7 – February 18 🛛 👘 🖉 🦷	
	#2011.211	9	February 25 – April 8	
	#2011.311	9	April 15 – May 20 (6 weeks)	
	New! TUES	DAYS	5:00 – 6:00 pm	
	#2012.111	9	January 8 – February 19	
	#2012.211	9	February 26 – April 9	
	#2012.311	9	April 16 – May 28 (6 weeks)	
	Location:		Community Center, Hickory Rm.	
	Fee:		\$40 Res / \$55 Non-Res / \$30 Senior Citizen Res	
	6-week:		\$35 Res / \$50 Non-Res / \$27 Senior Citizen Res	

Chair Flow Yoga

This class combines a variety of strength building and stretching exercises to increase muscular endurance and flexibility while creatively using a chair for balance and support. The workout is gentle on joints, and suits seniors or those with mobility difficulties, arthritis, or joint injuries. Although low impact, we provide options to challenge even the most avid exerciser. Small hand-held weighted balls are incorporated to build upper body strength and heart-healthy relaxation poses will leave you feeling energized.

New! TUESDAYS	4:00 – 4:45 pm
#4012.1119	January 8 – February 19
#4012.2119	February 26 – April 9
#4012.3119	April 16 – May 28
THURSDAYS	8:45 – 9:30 am
#4011.1119	January 10 – February 21
#4011.2119	February 28 – April 11
#4011.3119	April 18 – May 30
Location:	Community Center, Hickory Rm.
Fee:	\$35 Res / \$50 Non-Res / \$27 Senior Citizen Res

Non-Residents Please Note!

When registering for Morning or Evening Yoga, Restorative Yoga, Chair Flow Yoga or Zumba classes a discount may apply. If signing up for 2 days per week within the same fitness class and session, contact the Community Center at 339-4097.

Fitness Programs

Yin Yoga

Whereas Restorative Yoga is a non-muscular style of Yoga that involves the use of props and longer duration of poses to allow for maximum release and relaxation, Yin Yoga shifts the focus from activating muscles to strengthening and opening of the joints and connective tissues.

WEDNESDAYS	8:30 – 9:30 am
#2013.1119	January 9 – February 20
#2013.2119	February 27 – April 10
#2013.3119	April 17 – May 29
Location:	Community Center, Hickory Rm.
Fee:	\$40 Res / \$55 Non-Res / \$30 Senior Citizen Res

Breathe, Relax & Heal Yoga New!

Breath awareness is a form of meditation with powerful healing benefits for your body and mind. In this new class we'll explore breathing techniques for vitality, relaxation, and healing. Breath tools can be easily incorporated into daily life to ease stress, anxiety, physical ailments and more. We'll start with a short discussion, light stretching and breath exercises, before moving into a guided, full body meditation for deep relaxation. This class is appropriate for all experience/health levels and can be done on the floor or in a chair.

WEDNESDAYS	6:00 – 7:00 pm
#2031.1119	January 9 – February 20
#2031.2119	February 27 – April 10
#2031.3119	April 17 – May 29
Location:	Community Center, Hickory Rm.
Fee:	\$40 Res / \$55 Non-Res / \$30 Senior Citizen Res
	A





THE City of De Pere ACCEPTS

THE FOLLOWING FORMS OF PAYMENT: Cash, check, debit or credit card.

(Visa, Mastercard, Discover or American Express)



Wednesday, November 7 ~ *Residents* Wednesday, November 14 ~ *Non-Residents*

Little Yogis

You're never too young to start yoga! This fun parent-tot bonding activity provides a yoga practice the whole family can enjoy! We'll play yoga games that emphasize partner and group poses to encourage social skills and



release energy. Children will learn important breathing and relaxation techniques to help them focus, all while strengthening their growing bodies in this playful class. So come and partner with your little yogi to help them build body awareness and strengthen their motor skills while having a great time! *Registration for this class is by child*.

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10:00 – 10:45 am	2–4 yrs.	
January 11 – February 22		
March 8 – May 3		
No class Mar. 29 & Apr. 19		
Community Center, Pine Rm.		
\$27 Res / \$42 Non-Res		
	January 11 – February 22 March 8 – May 3 <i>No class Mar. 29 & Apr. 19</i> Community Center, Pine Rm.	

PiYo Core

This is a unique class that combines overall body mechanics and mat exercises to build CORE strength and enhance agility and balance. PiYo Core is a body conditioning routine that not only helps build flexibility and long, lean muscles but also strength and endurance in the legs, abdominals, arms, hips and back. Sign up for this fun and challenging workout!

MONDAYS	5:30 – 6:15 pm
#3091.1119	January 7 – February 18
#3091.2119	February 25 – April 8
#3091.3119	April 15 – May 20 (6 weeks)
Location:	Community Center, Hickory Rm.
Fee:	\$35 Res / \$50 Non-Res / \$27 Senior Citizen Res
6-week:	\$30 Res / \$45 Non-Res / \$23 Senior Citizen Res

Rockin' Workout! New!

Do you want a variety of a Rockin' Workout!? We will GO ALL OUT in this new, energetic fitness class that rolls a number of classes into one! Enjoy cruising through stretching and strengthening poses, arm/ leg movements, core work, balancing/coordination challenges, cardio drumming and even hooping! Reduce your stress while tightening and toning your body in this class that incorporates a variety of equipment - drum sticks, dumb bells, bands, balls, hula hoops and more! Come give it a try...Rock out your body and rock on!

Please bring your own workout mat; water bottle also encouraged.

5:30 – 6:15 pm
January 9 – February 20
February 27 – April 10 (6 weeks)
No class March 27
April 17 – May 29
Community Center, Pine Rm.
\$27 Res / \$42 Non-Res / \$21 Senior Citizen Res
\$25 Res / \$40 Non-Res / \$19 Senior Citizen Res

Fitness Programs



Insanity! New!

Insanity is a high-intensity, full body workout that is completely personal to you! Every move comes with modifications and variations to make sure you get the most out of your workout! Insanity is organized into blocks, each block consists of four exercises, and each exercise is done three times for 30 seconds each. The blocks are organized with exercises for plyometrics & speed, strength & stability, agility & coordination, and abs & core. If you're looking for a fun environment and challenging workout, this group fitness class is the class for you! *Please bring your own workout mat; water bottle also encouraged*.

TUESDAYS	6:30 – 7:15 pm	
#3031.1119	January 8 – February 19	
#3031.2119	February 26 – April 9 <i>(6 weeks)</i>	
	No class March 26	
#3031.3119	April 16 – May 28	
Location:	Dickinson School Commons	
Fee:	\$27 Res / \$42 Non-Res / \$21 Senior Citizen Res	
6-week:	\$25 Res / \$40 Non-Res / \$19 Senior Citizen Res	

Zumba

Zumba® fuses Latin rhythms with easy-to-follow international dance moves to create an energetic workout like no other. You'll achieve long-term benefits while experiencing an absolute blast in one exciting class of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! Class great for beginners and experienced levels.



MONDAYS &/or THURSDAYS 6:30 - 7:15 pm January 7 – February 18 Jan. 21 class held @ #3061.1119 De Pere Community Center, lower level #3062,1119 January 10 – February 21 #3061.2119 February 25 – April 8 (6 weeks) No class Mar. 25 #3062.2119 February 28 – April 11 (6 weeks) No class Mar. 28 #3061.3119 April 15 - May 20 Apr. 22 class held @ De Pere Community Center, lower level (6 weeks) #3062.3119 April 18 – May 30 Location: **Dickinson School Commons** \$27 Res / \$42 Non-Res / \$21 Senior Citizen Res Fee: \$25 Res / \$40 Non-Res / \$19 Senior Citizen Res 6-week:

Strong by Zumba

Tired of the same old workout? Then mix it up with Strong by Zumba! This high energy class combines cardio interval training, toning and core work with the science of synced music motivation. Fun music and easy to follow moves will motivate and invigorate to keep you moving and having a great time all while burning calories, building muscle tone, and strengthening your core. Class is excellent for beginners or the experienced as you can modify the intensity to your fitness level so you get the most out of your workout! *Be sure to bring a water bottle, towel and/or a workout mat as a portion of the class will be on the floor for core work.*

WEDNESDAYS 6:30 – 7:15 pm

WEDNESDATS	0.00 - 7.10 pm
#3063.1119	January 9 – February 20
#3063.2119	February 27 – April 10 (6 weeks)
	No class March 27
#3063.3119	April 17 – May 29 May 1 – 29, classes held @ De Pere Community Center, lower level
Location:	West De Pere High School, Multi-Purpose Rm.
Fee:	\$27 Res / \$42 Non-Res / \$21 Senior Citizen Res
6-week:	\$25 Res / \$40 Non-Res / \$19 Senior Citizen Res

Zumba Gold

The Zumba Gold® Fitness program creates an atmosphere that is easy to learn and is great for the mind, body and soul. It provides modified, low-impact moves in an easy-to-follow program that lets you move to the beat at your own speed and leaves you feeling fresh, and most of all, exhilarated! Active older adults want camaraderie, excitement and fitness as a regular part of their weekly schedule and the Zumba Gold® fitness program is the perfect fit! It's the dancefitness class that is friendly, fun and great for all ages and genders.

WEDNESDAY	<mark>(S &/or FRIDAYS 8:45 – 9:30</mark> am
#4031.1119	January 9 – February 20
#4032.1119	January 11 – February 22
#4031.2119	February 27 – April 10 (6 weeks) No class March 27
#4032.2119	March 1 - April 12 (6 weeks) No class March 29
#4031.3119	April 17 – May 29
#4032.3119	April 19 – May 31
Location:	Community Center, Pine Rm.
Fee:	\$27 Res / \$42 Non-Res / \$21 Senior Citizen Res
6-week:	\$25 Res / \$40 Non-Res / \$19 Senior Citizen Res

See page 12 for more information. Tai Chi is offered at the De Pere Community Center!

Tai Chi is a low impact, weight-bearing and aerobic – yet relaxing – exercise with its origins as a Chinese martial art. A great class to enhance your physical and mental health!

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Aquatics & Enrichment Programs

Water Aerobics

Enjoy the warm water during the cooler days. Benefits of participating in a water aerobics class include improved muscular endurance, flexibility and cardiovascular conditioning and decreased stress on your joints and muscles. Participants must be 13 years of age or older.

MONDAYS

MUNDATS	
5:30 – 6:15 pm	
#5301.1119	January 7 – February 18
#5301.2119	February 25 – April 8 <i>(6 weeks)</i>
	No class Mar. 25
#5301.3119	April 15 – May 20 <i>(6 weeks)</i>
6:20 – 7:05 pm	
#5302.1119	January 7 – February 18
#5302.1119	February 25 – April 8 <i>(6 weeks)</i>
	No class Mar. 25
#5302.3119	April 15 – May 20 <i>(6 weeks)</i>
WEDNESDAYS	
5:30 – 6:15 pm	
#5303.1119	January 9 – February 20
#5303.2119	February 27 – April 10 <i>(6 weeks)</i>
	No class Mar. 27
#5303.3119	April 17 – May 29
6:20 – 7:05 pm	
#5304.1119	January 9 – February 20
#5304.2119	February 27 – April 10 <i>(6 weeks)</i>
	No class Mar. 27
#5304.3119	April 17 – May 29 🛛 📈 📈
THURSDAYS	
5:30 – 6:15 pm	
#5305.1119	January 10 – February 21
#5305.2119	February 28 – April 11 (6 weeks)
	No class Mar. 28
#5305.3119	April 18 – May 30
6:20 – 7:05 pm	
#5306.1119	January 10 – February 21
#5306.2119	February 28 – April 11 (6 weeks)
	No class Mar. 28
#5306.3119	April 18 – May 30
Location:	Syble Hopp School Pool
Fee:	\$22 Res / \$37 Non-Res / \$17 Senior Citizen Res
6-week:	\$19 Res / \$34 Non-Res / \$15 Senior Citizen Res



When registering for the Water Aerobics classes a discount may apply. If signing up for 2 or 3 days per week within the same fitness class and session, contact the Community Center at 339-4097.

Parent Child Aquatics

Children will begin to learn how to feel comfortable in and around the water in this parent – assisted swim class. Play, songs and games will be used as a basic form of learning for the fundamentals of water skills. Water comfort and exploration along with rudimentary water skills are the goals of this class.

6 months – 3 yrs.
January 8 – February 19
February 26 – April 9 (6 weeks)
No class Mar. 26
April 16 – May 28
January 8 – February 19
February 26 – April 9 (6 weeks)
No class Mar. 26
April 16 – May 28
January 8 – February 19
February 26 – April 9 (6 weeks)
No class Mar. 26
April 16 – May 28
Syble Hopp School Pool
\$21 Res / \$36 Non-Res
\$18 Res / \$33 Non-Res

Fitness Classes for Seniors!

The Recreation Department offers a variety of fitness classes appropriate for seniors to keep active! Classes include:

Yoga, Chair Flow Yoga, Restorative Yoga, Tai Chi, Zumba Gold, Water Aerobics, Line Dancing & Social Dance Classes See pages 12, 16, 17, 18 & 19 for more information.



THE City of De Pere ACCEPTS THE FOLLOWING FORMS OF PAYMENT: Cash, check, debit or credit card. (Visa, Mastercard, Discover or American Express)

LIKE US ON IC

De Pere Parks, Recreation & Forestry Free online registration @ www.de-pere.org begins: Wednesday, November 7 ~ Residents Wednesday, November 14 ~ Non-Residents

Enrichment / Senior Programs

Open Watercolor Group

Adults, have fun and get some of those unfinished paintings finished! Join fellow painters and share laughs as well as painting "advice". No instructor provided.

THURSDAYS	12:00 – 2:30 pm
#4111.1119	2019 Season
#4111.2119	After June 30
Location:	Community Center, Oak Rm.
Fee:	\$25 yearly fee, \$15 after June 30

Studio Oil Paint

Explore the basics of oil painting in these 10-week, 3-hour classes. Beginner through advanced students will work on individual paintings using their choice of photo reference. Those who have never painted before will not need supplies until week two as we will go over the materials list in the first week. The instructor will assist with cropping and choosing a photo reference for a good composition. There will be help with color mixing and drawing throughout the painting process. Handouts are included.

WEDNESDAYS	9:00 am – 12:00 pm 🛛 🚛 🚛
#4061.1119	January 2 – March 6
#4061.2119	March 27 – May 29
WEDNESDAYS	12:30 pm – 3:30 pm 🛛 📝
#4062.1119	January 2 – March 6 🛛 🔍
#4062.2119	March 27 – May 29
THURSDAYS	9:00 am – 12:00 pm
#4063.1119	January 3 – March 7
#4063.2119	March 28 – May 30
Location:	Community Center, Spruce Rm.
Fee:	\$73 Res / \$88 Non-Res / \$55 Se



\$73 Res / \$88 Non-Res / \$55 Senior Citizen Res

Senior Line Dancing

No partner is required, so this is a great way to get exercise, meet new people, and have a great time! Dancing is one of the best forms of whole body exercise! The class is designed for senior citizens looking to learn the basics and grow your skills. See you on the dance floor!

MONDAYS	1:00 - 2:30 pm
#2121.1119	February 18 – April 1
#2121.1119	April 8 – May 20
Location:	Community Center, Pine Rm. 🔍
Fee:	\$19 Res / \$34 Non-Res



Stained Glass

Beginning students and continuing glass crafters, join us for this 3-hour class to learn how to create or use an existing pattern for your own projects or gifts such as sun catchers, window panels, jewelry boxes and more. Most tools and equipment will be furnished to begin. Classes will be geared to all levels of skill. Come have fun and create your own art!

THURSDAYS	5:00 – 8:00 pm	
#4051.1119	January 10 – February 14	
#4051 2119	February 28 – April 4	
#4051.3119	April 18 – May 23	
Location:	Community Center, Spruce Rn	ı.
Fee:	\$46 Res / \$61 Non-Res / \$35	Senior Citizen Res

AARP Smart Driver Course

This course is intended to help drivers 50+ live more independently as they age and remain safe on today's roads. Some insurance companies may offer a discount upon completion of the course and participants should contact their local agent for more details. Some of the course objectives that will be covered are:

- Important facts about the effects of medication on driving
- How to reduce driver distractions
- How to maintain the proper following distance behind another car
- · Proper use of safety belts, air bags, anti-lock brakes and new technology found in cars today
- Techniques for handling left turns, right-of-way, and roundabouts
- Age-related physical changes and how to adjust your driving to compensate

WEDNESDAY	April 10 8:30 am – 12:30 pm	
	Registration deadline Tuesday, April 9	
Location:	Community Center, Oak Rm. upper level	
Fee:	\$15 AARP Member, \$20 Non-Member	
	Make checks payable to AARP.	
	Fee includes all materials.	

*Please bring your AARP card and driver's license for class registration. Register at Community Center prior to or at 8:15 am the day of class.



TARGET GOLF, SWING ANALYSIS, DRIVING RANGE & MORE! ONLINE BOOKING & DETAILS AT HILLYHAVEN.COM!

Enrichment & Senior Programs

Veterans Appreciation Luncheon & Card Games New!

Join us for a delicious homemade patriotic-themed luncheon to honor our veterans. Veterans and friends are welcome. After our celebration, stay and play cards with your friends!

WEDNESDAY	November 14	, 12:00 pm	-
Location:	Community Cent	er, Spruce Rm.	
Fee:	\$4 per person (Ve \$5 per person (N	12	
Degister by Fride	v Nov Oth		

Register by Friday, Nov. 9th

Horns A Plenty Show! A Must See! New!

Kick off the Holidav Season with Horns A Plenty! This free concert. under the direction of Don Krause, founder and director of the Fox Valley Horn Club and a member of symphonies and orchestras for more than 40 years, will feature French Horns exclusively! Horn players young and old will perform Holiday favorites! Donations are welcomed and encouraged and will directly fund music scholarships for aspiring horn players and recreation scholarships for City of De Pere youth. Homemade desserts and refreshments provided after the show!

SATURDAY November 17 1:00 pm Location: Community Center, Spruce Rm. FREE! Donations towards scholarships Fee: appreciated.

Christmas Cribbage Fun!

Tuesday's Cribbage Club will host a "Luck of the Draw" Partner Cribbage Christmas Party! (No partner needed!)

TUESDAY	December 4	12:00 pm Luncheon	
	Cribbage to Fo	ollow	
Location:	Community Center, Spruce Rm.		
Fee:	\$4 for Non-Members paid in advance by Friday, Nov. 30		

\$1 entry fee per person paid at the door Winnings paid out before you go home!

Tailgate Party and Bingo

Join the De Pere Commission on Aging for a party to cheer on your favorite teams! Go Badgers! Go Packers! A brat luncheon will be served with bingo to follow! Lunch ticket includes one bingo card! WEAR YOUR FAVORITE TEAM'S COLORS!! (Up to 2 additional cards can be purchased for 50 cents each.)

FRIDAY	December 14	12:00 pm
Location:	Community Cen	ter, Pine Rm.
Fee:	\$7 per person	
Tickets on sale	now through Decembe	er 13th.



Games Galore Luncheon

Beat the winter blues! Come join the fun! We will have a delicious walking taco luncheon complete with homemade desserts and then play board and card games of your choice!

FRIDAY Location: Fee:

Community Center, Pine Rm. \$5 per person

January 11



Eddie Biebel Show! New!

Join us! "Eddie Biebel is one of the most innovative guitarists in the industry today. He plays with a natural fluidity that defies belief. The man can honestly perform the work of three different players simultaneously." (Real Country) Get your tickets today!

FRIDAY Location:

February 15 1:00 pm Community Center, Spruce Rm.



Fee:

\$5 per person Please contact MJ (ADRC) at 983-1675 by 10:00 am the day before if you would like to eat lunch before the show! (Lunch is on a

donation basis).

Spaghetti Luncheon and Bingo

Join the De Pere Commission on Aging for a delicious homemade spaghetti luncheon and homemade desserts! Lunch will be served at 12 pm with bingo to follow. Lunch Ticket includes two bingo cards! Up to 2 additional cards can be purchased for 50 cents each!

WEDNESDAY	March 13	12:00 pm
Location:	Community Cen	ter, Spruce Rm.
Fee:	\$7 per person	
Registration dea	dling March 13th	Q A G A



Cribbage Tournament

A Partners Cribbage Tournament will be held in the Spruce Rm. on the lower level of the De Pere Community Center. Fee includes lunch, soda, homemade desserts and entrance into High Crib & High Hand. Minimum 20 teams. Register at the De Pere Community Center. Doors opens at 11:30 am.

SATURDAY Location:

April 6 12:00 pm Community Center, Spruce Rm.

Fee:

\$24 per team



Registration deadline is April 4th

Spring Fling! New!

Celebrate all the joys of springtime! Delicious luncheon featuring spring chicken sandwiches, homemade desserts and more. Then, join Action DJ's spinning all of your favorite music from the 50's and 60's! Requests welcome! Sing, dance or smile your afternoon away!

FRIDAY	May 10	12:00 pm
Location:	Community Ce	enter, Spruce Rm.
Fee:	\$7 per person	

Enrichment & Senior Programs

Weekly Activities

A variety of senior activities are offered at the De Pere Community Center, 600 Grant St., for those 60 years and over. For further information please call the Activity Coordinator at 336-6054.

Mondays	Lounge open for cards \rightarrow 8:00 am – 12:00 pm Sheepshead \rightarrow 12:15 pm Bridge \rightarrow 12:15 pm Dominoes \rightarrow 1:00 pm	Thursdays	Lounge open for cards \rightarrow 8:00 am – 12:00 pm *Oil Painting \rightarrow 9:00 am – 12:00 pm * <i>Registered class – Spruce Rm.</i> Hand and Foot \rightarrow 12:15 pm Sheepshead \rightarrow 12:15 pm Bridge \rightarrow 1:00 pm
Tuesdays	De Pere Area Men's Club → 8:00 am Bridge → 10:00 am *Partner Cribbage → 12:30 pm * <i>Must have partner</i> Fun With Euchre → 1:00 pm	Fridays	Lounge Open for Cards \rightarrow 8:00 am – 4:00 pm (Not on movie day, 3rd Friday of every month) Friday Morning Matinee \rightarrow 9:30 am (3rd Friday of every month) Duplicate Bridge \rightarrow 12:30 pm Dominoes & Games \rightarrow 1:00 pm
Wednesdays	Lounge open for cards \rightarrow 8:00 am – 4:00 pm Blood Pressure Checks \rightarrow 10:30 am – 11:30 am *Oil Painting Class \rightarrow 9:00 am – 4:00 pm * <i>Registered class - Spruce Rm.</i>	If you or your group is interested in joining us for lunch before or after your card game, please call 983-1675. RSVP's must be made one day in advance.	

Nutrition Program

The Aging and Disability Resource Center of Brown County offers a nutrition program for De Pere residents. Join us for dining at the De Pere Community Center if you are at least 60 years young! Meals are served at the Community Center until 11:30 am, Monday thru Friday. Reservations MUST be made by 10:00 am one BUSINESS day in advance. Diners eating at the Center have two meal options as listed in the ADRC Magazine menu-- please leave vour dinner choice when you make your reservation at 983-1675.

HOMEBOUND MEAL PROGRAM

We also have meals for those who are homebound. These meals are designed to provide one hot, nutritious meal each weekday if you are: 60 years of age or older; or

 an adult age 18+ and are on disability or in the process of applying for disability (with an approved waiver)

and

- are homebound.
- not able to go to a dining site,
- not able to prepare meals.
- don't have someone to prepare a meal for you; and
- · do not reside in a complex that offers meals.

Volunteers Needed!

The Aging and Disability Resource Center of Brown County is looking for volunteers to assist in a variety of areas for the Nutrition Program during the weekdays. Volunteer opportunities include packaging or delivering meals. If interested please call Mary Jo at 983-1675.

The De Pere Community Center is also looking for volunteers to assist with preparing for special events and other programs. Please call Cindy or Dawn at 339-4097 for more information.

Wellness Programs

The following Wellness Programs are held weekly at the De Pere Community Center at 10:30 am on the lower level:

BLOOD PRESSURE CHECKS

1st and 3rd Wednesday of the month from 10:30 - 11:30 am



Here's To Your Health

Maintaining good health is important at any age and the more we know about our health, the better prepared we are when issues appear. Join us for this monthly program which will give you the opportunity to learn, ask and share concerns and issues, helping you create an enriched, safe and independent life!

Easy-to-read handouts will be available to reinforce the information covered. For a listing of upcoming topics please call 336-6054 or 339-4097.

THURSDAYS	February 14 May 9	9:15 – 10:00 am
Location:	Community Center, Oak Rm.	
Fee:	FREE!	

Foot Clinic

Students from NWTC Associate Degree Nursing Program will be hosting a FREE Foot Clinic. This service provides you with basic foot care including toenail clipping, filing, and an overall check on the condition of your feet! Call 336-6054 or 339-4097 to make an appointment.

THURSDAY Location:

November 1, 2018 9:00 - 11:00 am May 2. 2019

Fee:

Community Center, Maple Rm FREE!

Friday Morning Matinees

Join us on select Friday morning's for our popular Movie Matinees! For those that would like to stay for lunch, please call 983-1675 by 10:00am by the Thursday prior for the daily menu or to make a reservation. Lunch is on a donation basis! FRIDAYS 9:30 - 11:30 am November 16, December 7, January 18, February 15, March 15, April 19, May 17 Community Center, Lounge (lower level) Location: Fee: 50¢ popcorn For the movie of the month call 336-6054.

De Pere Parks & Forestry Dept. | 920-339-4065 | www.de-pere.org

Parks & Forestry

Dog Park

Our Dog Park, located in the West Side Industrial Park at 1400 Biotech Way, has been very popular since its opening in August of 2011. Since its



inception we have added water for humans and pets, new trails, benches, black top parking lot, a concrete walk into the large dog area, exercise structures and other small upgrades to enhance the experience. We also built a new open air shelter for users to enjoy! Our volunteer group also purchased more exercise equipment that we installed last summer. We welcome you to stop out and enjoy our beautiful fenced in facility.

We have been very fortunate to have the support of our volunteer group, the De Pere Dog Park Association, and numerous Eagle Scouts. These scout projects and all the hard work and financial support from the group, along with all the donators, made the park a reality. To continue to build and add onto our park, though, we still need continued support from the community. The dog park has many options for providing financial support, ranging from simple donations at the "donation box" to naming rights for larger donations. All of the donations go directly into an isolated fund that is to be used for future improvements. Please contact the Parks. Recreation and Forestry Department with any questions you have about financially supporting the future of the De Pere Dog Park. We can be reached at 920-339-8362 or through e-mail at dmelichar@mail.de-pere.org.

Memorial Bench and Tree Program

The City of De Pere has a program that lets you honor a special person or persons through a bench and/or the living gift of a tree. You can request to "donate" a bench, a tree or trees that would be installed or planted in the park of your choice as a memorial. For more details of this program, please call the Park Superintendent/City Forester at 920-339-8362.

Parkway Tree Planting Program

Our fall tree planting orders were taken until September 28th. Our spring orders will be taken mid-February thru the end of March and the tree species and varieties will be determined at that time. Further information can be obtained by calling the Parks, Recreation & Forestry Department at 920-339-8362 or it can be accessed on the City's website at www.de-pere.org. During the above dates, the form for ordering trees will be available on that website. **It should be noted that De Pere has an ordinance limiting homeowner plantings in the terrace or on any City right-of-way and requires you to fill out a ROW Planting Permit. If you have a question or concern, please contact the City Forester for clarification.*

Parkway Tree Pruning or Removal

The De Pere Forestry Department will perform *all* pruning and removal of parkway trees. Parkway trees are all trees that fall within the City right-of-way (those that are between the curb and the back of the sidewalk or where it would be located). Pruning will take place either at the time of planting (typically only broken or damaged limbs will be removed), upon the request of a property owner, on a periodic pruning cycle or as the need is determined by the City (i.e. branches are a hazard). Though the trees may look different, please be assured that our crewmembers are trained and have an action plan when they approach a tree. Removal requests are evaluated by the City Forester. Trees also are periodically evaluated by City staff and may be targeted for removal. Homeowners are notified and advised of their options.

The City of De Pere will not "*top*" trees on any City property and it is likewise not advised that any other individual or company partake in such a practice. Topping a tree opens the tree to insect and disease attacks, causes severe internal decay and structural problems and reduces the trees ability to manufacture stored root reserves. This practice is extremely detrimental to all trees and does not follow the natural growth habits of the plants.

Please consult the City Forester about any pruning or removal questions for City owned trees or about your own trees.

Park Rules & Ordinances

The City of De Pere Parks, Recreation & Forestry Department has developed a number of park rules and ordinances that we hope will make your park visit a positive experience. Your cooperation in abiding by these rules during your park visit is greatly appreciated.

- 1) Park hours are from 6:00 am 11:00 pm. Exception: Voyageur Park hours are 4:00 am 11:00 pm.
- 2) Dogs and other animals are not permitted in any parks (except East River Trail, Dog Park, Voyageur Park, or as part of the Goose Patrol Program. Dogs must be leashed and waste removed.)
- 3) Vehicles permitted only on designated roads and parking areas. Speed limit is 15 miles per hour.
- 4) Glass containers are not allowed in any park.
- 5) Open shelters are available to the general public. If a shelter is rented to an individual and/or group, preference for the use of this shelter is then given to this individual and/or group.

These are the most common rules. For a complete listing of all park ordinances contact the Park, Recreation & Forestry Department at 920-339-4065.

Parks & Facilities Rental Fees

Softball/Baseball Fields (per field) Soccer/Football Fields (per field) Tennis Courts (battery of 3 courts) Boat Launches (ramps open to public) Parks (only Fairgrounds, Legion, VFW & Voyageur Parks) Swimming Pools

Non-Revenue Generating OrganizationsAny Revenue Generating
Organizations& De Pere Service GroupsOrganizations\$60/day with lights\$120/day + \$25 for lights\$35/day with lights\$60/day + \$25 for lights\$30/day\$120/day\$60/day\$120/day\$60/day\$120/day\$60/day\$120/day\$180/day; shelters extra\$360/day; shelters extra charge
Contact department for availability and rates

Parks & Forestry

Emerald Ash Borer

In July 2016 we identified our first case of Emerald Ash Borer on the NE side of De Pere. The crown of the midsized ash was thin and the homeowner wondered what was wrong with it. After choosing to remove the tree our arborists examined some of the branches from the upper crown and found some exit holes that appeared to be 'D' shaped (the familiar, tell-tale sign of EAB). There were no significant sprouts or increased woodpecker activity on the tree (other tell-tale signs of an infestation). After peeling the bark and finding a few more holes we had a representative from the WDNR take a look at the find and our fears were confirmed. Unfortunately in October 2016 we found our second infested tree on the W side of De Pere. The same subtle signs occurred in this tree – the crown was a bit thin and we did find only a couple of 'D' shaped exit holes, but no other tell all signs of the insect. Since then we have identified numerous other locations on the E & W sides and we have begun to remove trees with obvious signs of the insect.

What does this mean for you? It likely means that EAB has spread throughout the City. It means that if you want any real chance of saving your ash trees you will need to begin treatment of them. Research has shown that if an infestation breaks out within 15 miles of your property you may reasonably choose to treat your trees. There are numerous options available to you - you can treat it yourself with various products (if your tree is less than about 47 inches in circumference [i.e., 15 inches in diameter at breast height (DBH)]) or you can have a professional treat your trees (for trees typically over that size). If you choose to do nothing, unfortunately the ash in your yard are likely to succumb to EAB. The choice, however, is ultimately yours. I have also been recommending to residents that they start to replant before the insect kills your ash trees. Fill in areas of ash with other, diversified species of trees so that if you choose to not treat the trees you have these newly planted trees will likely get a good foothold and be ready to push better growth once the ash are removed.

EAB is a small, brilliant green beetle about the same size as our native Bronze Birch Borer (which attacks and kills white birch). These adults lay eggs on the bark of ash trees. Upon hatching, the tiny larvae bore under the bark and begin feeding in the cambial (the transport system) layer of the tree. These larvae feed in winding serpentine patterns under the bark, essentially girdling the trees as they go. Upon maturing, the adult exits the bark forming a distinctive "D" shaped exit hole. Signs to look for include bark cracking, crown dieback, heavy woodpecker activity and sprouts on the trunk of the tree. It usually takes 2 - 5 years for the tree to fully show damage from EAB. Unfortunately, many of these signs are also indicative of other diseases and insects that already infect our ash. If you suspect that you may have this insect, please contact your City Forester, a County horticulture agent, a DNR Forest Health Specialist or by emailing the Dept of Ag at DATCPEmeraldAshBorer@ wisconsin.gov. You can also learn more about EAB at one of the many websites devoted to this devastating insect. Wisconsin's website is a very good reference for all - http://emeraldashborer.wi.gov/; another good one is - www.emeraldashborer.info.

Compost Facility Hours – 2019

The compost facility is open seven days a week from dawn to dusk. There are designated bins for permitted items at the site. No plastic bags are allowed to be left with your material. The facility is a service provided for City of De Pere and Town of Ledgeview residents only.

DIRECTIONS TO COMPOST SITE

Take Broadway (Hwy. PP) south; go under the overpass and past Legends Bar on Hwy. PP. Continue south on Hwy. PP, past Valley Cabinets. Turn right onto Rockland Rd. just south of De Pere Veterinary Service. Go past Mommaerts Auto Salvage; compost site is on the same side of the road as Mommaerts.

Dutch Elm Disease/Oak Wilt

Dutch Elm Disease and Oak Wilt continue to be killers of our American Elm and many varieties of Oak. DED never went away and Oak Wilt is only a short distance away from De Pere. As a landowner, you can help prevent or slow down the spread of these diseases by <u>not pruning</u> either species <u>from April 1st to</u> <u>September 1st</u>. If your tree is dying or dies from one of these diseases, the City of De Pere has an ordinance that declares them a nuisance and requires them to be removed in a timely fashion or an abatement procedure could be started. Please help us control these fatal diseases with timing and sanitation.

Gypsy Moths

Gypsy Moths can be a destructive pest of many of our trees and shrubs in De Pere. Oak trees, unfortunately, are a favorite of the Gypsy Moth and therefore many of our control efforts continue to focus on areas of high populations of these magnificent trees. The City of De Pere Forestry Department continues to monitor and help control gypsy moth in De Pere. Egg mass oiling, aerial spraying, placing burlap 'skirts' on trees, and insect destruction on City owned trees are just some of the ways we do so. You can also help to monitor and control them by checking your own trees, shrubs, woodpiles and outdoor furniture for the presence of eggs, caterpillars, and/or pupae. When they are found, please destroy them by cutting, crushing, scraping, oiling or treating them. To learn how to control each stage of the insect please consult your Forester, a tree care professional or one of the many websites (especially www.gypsymoth.wi.gov) dedicated to Gypsy Moth.

Goose Patrol Program

The City has a program that allows residents to help control geese in specific parks. This program allows you to take your dog into one of these parks to harass the geese. The participant will need a free permit and a vest for their dog to participate. Please contact the Parks, Recreation and Forestry Department at 920-339-4065 for further details.



Arboricultural Specifications Manual

Our arboricultural specifications manual helps the City of De Pere to manage and maintain all trees located upon City grounds. It can also serve as a guide to homeowners and professionals alike. For a copy of this manual you can either access it in the Forestry section of the City of De Pere website or you can contact the City Forester.



For any questions, concerns or comments on these or any other forestry related topics, please contact the City Forester at 920-339-8362.

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REGISTRATION FORM

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ĺ	De Pere C	ommunity (Center, 600	De Pere Community Center, 600 Grant Street, De Pere, WI 54115 (920) 339-4097	Pere, WI 541	15 (020) 33	39-4097		
PARENT/GUARDIAN NAME:				ADDRESS:			ZIP:		
HOME PHONE:		WORK PHONE:		CELL:		E-MAIL:			
\Box City of De Pere Resident	Resident	□ Non-Resid (NOTE: Perso	□ Non-Resident (Town/City): (NOTE: Persons living outside	Resident (Town/City): Persons living outside the corporate limits of the City of De Pere must pay the non-resident fee)	f the City of De Per	e must pay the n	on-resident fee)		
A resident is defined as any individual who lives in the City of De Pere. A non-resident is defined as any individual that resides outside the City of De Pere limits. This includes individuals who live outside the City limits yet are in a De Pere School District.	individual who live outside the	lives in the City e City limits yet	of De Pere. A I are in a De Per	non-resident is defined e School District.	as any individual t	nat resides outsid	le the City of De Pere li	mits.	
<i>IABILITY WAIVER:</i> All registrants are required to sign the following release. Parents or guardians must sign the minors. I, the undersigned do hereby agree; the above named registrant for whom I im the parent or guardian, to participate in the activity indicated and am aware of and understand that there may be risks and hazards inherent with participation in this activity. I affirm that I, or the ninor registered for this activity, an doing so as a voluntary participant. In consideration of my participation of the minor I do hereby agree to release, waive, absolve, indemnity on owhar of myself or minor, my/his/her family, my/his/her heirs and my/his/her assigns the City of De Pere, its employees, officers, agents and sponsors from Itability for injury, death or loss suffered by me of the minor in any and all present and future claims, which result from the ordinary negligence for the City of De Pere, its employees, officers, agents and sponsors. The City of octivities incidental there during the duration of the scheduled program, which result from the ordinary negligence for the City of De Pere, its employees, officers, agents and sponsors. The City of De Pere DOES NOT provide accident insurance to participants in recreational activities and I assume full responsibility for any and all injuries or damages which may occur to me/or minor while	this are required t riticipate in the acl am doing so as a sher family, my/ni present and futu the duration of the sident insurance to	to sign the followir tivity indicated an a voluntary particit isher heirs and m ire claims, liabilitie e scheduled progr o participants in rr	ng release. Paren d am aware of ar ant. In considere sy/his/her assigns s, damages or rit ram, which result ecreational activit	tts or guardians must sign dunderstand that there a ation of my participation o is the City of De Pere, its ght of action directly or in from the ordinary neglige ties and I assume full res	the minors. I, the unday be risks and haze participation of the nepations, of the nepations, officers, again of the comployees, officers, again the City of De nee for the City of De consibility for any and	lersigned do hereby irds inherent with p inor I do hereby ag ents and sponsors f participation in the Pere, its employee all injuries or dama	Agree, the above namec articipation in this activity. Tree to release, waive, abs from liability for injury, de a activity, using the facilitie s, officers, agents and spo ges which may occur to n	registrant for whom I affirm that I, or the olve, indemnity on the ross suffered s, or engaging in any nsors. The City of ie/or minor while	
participating. do hereby grant and give these groups the right to use my or my child(s) photograph or image with or without my or my child's name, both singly and in conjunction with other persons or objec and presentations, advertising, publicity, and promotion relating thereto. MEDICAL EMERGENCY RELEASE WAIVER FOR MINORS: In the event of a medical emergency, I authorize the Parks & Recreation staff to obtain medical treatment for my son/daughter or minor for which I am guardian.	e groups the right [∣] ublicity, and pron ASE WAIVER FO	to use my or my c notion relating the NR MINORS: In th	child(s) photograp areto. The event of a med	oh or image with or withou lical emergency, I authori	t my or my child's nai ze the Parks & Recre	ne, both singly and ation staff to obtain	or my child(s) photograph or image with or without my or my child's name, both singly and in conjunction with other persons or objects ting thereto. S: In the event of a medical emergency, I authorize the Parks & Recreation staff to obtain medical treatment for my son/daughter or	oersons or objects son/daughter or	
PARTICIPANT'S SIGNATURE:	RE:	ę			DATE:				
	*Mail or	r dron off comr	(Parent's signature required if under 18) off completed form to: De Pere Cor	(Parent's signature required in under 18) *Mail or dron off commisted form to. De Pere Community Center 600 Grant Street De Pere -Wi 54115	/ Center 600 Grar	t Street De Perc	MI 54115		
Activity	Course Number	lber	Partic (first & la	Participant (first & last name)	Date of Birth	Sex	T-Shirt Size (if applicable)	Activity Fee	1
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Add \$1 or more to yc Tho	our total fees to he	elp provide financ	all assistance for	Add \$1 or more to your total fees to help provide financial assistance for a City of De Pere youth unable to afford program fees. Thouse for summaring the DECDEATION SCHOL ADSULD DEOCDAM and ware community.	Inable to afford progra	am fees.	SCHOLARSHIP PROGRAM DONATION	\$	1
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(Visa, Mastercard, American Express, Discover)

Exp. Date:

V-Code:

Amount Paid:

Card #:

Signature:

Registration Information

REGISTER ONLINE

Go to the City of De Pere website at

www.de-pere.org



RESIDENTS ONLY

Online / Mail / Fax / Drop Box

WEDNESDAY, NOVEMBER 7

Free online registration will begin on Wednesday, November 7 for residents. Registrations may also be mailed in, faxed, or dropped off at the Community Center, 600 Grant St. Registrations received prior to Wednesday, November 7 will be held and randomly processed on that day or thereafter as time permits.

RESIDENTS & NON-RESIDENTS

Online / Mail / Fax / Drop Box / Walk-in

WEDNESDAY, NOVEMBER 14

Open registration, along with free online registration, will begin on Wednesday, November 14. Walk-in registrations will be accepted at the Community Center, Monday thru Friday, during regular business hours, 8:00 am - 4:30 pm, Monday thru Friday.

For your convenience, a 24-hour drop box is located at the west entrance of the Community Center.

Family Account Information

To register online, a family account must be created. Your account should be reviewed on an annual basis for updated information. Only immediate family members may be included on your family account.

> All registrations are accepted at the De Pere Community Center, 600 Grant St.

A 24-hour drop box is located at the west entrance of the Community Center. Online registration is free and encouraged!

COMMUNITY CENTER

Phone: 339-4097 • Fax: 339-6348

IMPORTANT INFORMATION

1. FEES: All fees must be PAID IN FULL by cash, check, debit or credit card (*Visa, MasterCard, American Express, or Discover*) at the time of registration. Registrations will not be accepted if appropriate fee is not paid. DO NOT send cash through the mail or place in drop box. Fees will not be pro-rated.

2. CHANGES: All fees, dates & times for programs and charges for facilities are subject to change.

3. RESIDENCY: A resident is defined as any individual who lives in the City of De Pere. A non-resident is defined as any individual that resides outside the City of De Pere limits. This includes individuals who live outside the City limits yet are in a De Pere School District. Non-resident fees vary for programs.

4. CONFIRMATION OF REGISTRATION: Individuals registering online and mail-in registrations that provide an e-mail address will receive confirmation via e-mail, generated as soon as your registration is accepted into the system. If you do not provide an e-mail address and would like a receipt/confirmation notice sent to you, please include a self-addressed stamped envelope with your registration; otherwise a receipt/ confirmation notice will not be mailed.

5. WAITING LISTS: If a class is full, you will automatically be placed on a waiting list. A waiting list notification won't be mailed to you. You will be notified immediately if an opening becomes available.

6. REFUNDS: Cancellations may occur up to one week before an activity has started. If a participant cancels a registration, \$7.00 per class per participant will be charged for processing *(unless otherwise noted)*, with the balance of the fee being refunded. No refunds will be issued 1 week prior or after an activity has started. Full refunds will be given when the Department cancels classes or makes schedule changes.

7. PROGRAM CANCELLATIONS: Please register early! Programs will be canceled due to insufficient registrations. Notification of cancellations or schedule changes will be made as soon as possible. In the event of inclement weather please call the cancellation line at 339-4067. If a class is canceled for reasons other than inclement weather, staff will attempt to notify participant(s). Classes canceled due to inclement weather may not be able to be rescheduled nor a refund made.

8. PROGRAM DEADLINES: Unless advertised, all program deadlines are one week prior to the start of the program. The deadline is used to determine if the class will run or be canceled. Registration is permitted after the deadline, provided there is room in the class or program.

9. AGE REQUIREMENTS: All participants must meet the minimum age requirement prior to or on the first day of class. The ages are set to ensure the safety and benefit of the participants as well as the program instructors. Seniors are classified as age 60 & older.

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